EDDIE BAZA CALVO

GOVERNMENT OF GUAM

DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES DIPATTAMENTON SALUT PUPBLEKO YAN SETBISION SUSIAT



JAMES W. GILLAN DIRECTOR

DIRECTOR

AUG 1 1 2016 DEPUTY DIRECTOR

GOVERNOR

RAY TENORIO
LIEUTENANT GOVERNOR

Honorable Speaker Judith T. Won Pat, Ed. D. I Mina'trentai Tres Na Liheslaturan Guåhan 155 Hesler Place Hagatña, Guam 96910

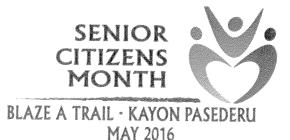
Dear Speaker Won Pat:

In accordance with Public Law 17-35, enclosed is the FY2016 Senior Citizens Month report which includes the expenditures of funds spent for Senior Citizens Month activities.

Should you have questions, you may contact Senior Citizens Administrator Arthur U. San Agustin, MHR at 735-7421/7415.

JAMES Director Received By:

Enclosure



SENIOR CITIZENS MONTH 2016

The Division of Senior Citizens, Department of Public Health and Social Services (DSC/DPHSS), coordinated, facilitated and collaborated with various entities to host, plan and implement events to celebrate Senior Citizens Month (SCM) 2016, observed annually in May. The theme for this year's month-long celebration, "Blaze a Trail" was derived from the official theme for the national celebration of Older Americans Month 2016, as developed by the U.S. Department of Health and Human Services, Administration for Community Living. In Chamorro, the translated theme is "Kayon Pasaderu." The theme focuses on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others.

To lead in the planning of 2016 SCM, Mr. William C. Reyes of the Division of Senior Citizens was appointed this year's Chairperson, with the support of Division of Senior Citizens' Jeanette Gomez as his Co-Chair. As with prior years, the Central Planning Committee (CPC) was convened comprised of government agencies and departments and private and non-profit entities, to include: HSP - Service Provider for the National Family Caregiver Support Program; Catholic Social Service (CSS) - Service Provider for the Case Management Services, Adult Day Care, In-Home Services, and Guma Serenadad (Emergency Receiving Home) programs; Mayors' Council of Guam (MCOG) - Senior Center Operations Program; Kloppenburg Enterprises, Inc. - Vendor for the Transportation Services Program; 33rd Guam Legislature - Office of Speaker Judith T. Won Pat, Ed.D. and the Office of Senator Dennis G. Rodriguez, Jr.; Santa Rita Mayors' Office; St. Dominic's Senior Care Home; Guam Fire Department; Lions Club International - District 204; GovGuam Association of Retired Person; American Association of Retired Persons (AARP) - Guam Chapter; and staff of the DSC/DPHSS and Division of Public Health, Bureau of Family Health and Nursing Services. The CPC held its first meeting at the DSC conference room on January 26, 2016. Thereafter, the CPC met twice monthly through April 27, 2016, with the close-out meeting held on Tuesday, June 29, 2016.

The CPC developed the Calendar of Events, listing 8 events, as follows:

DATE	ACTIVITY	SPONSORING ORGANIZATION	VENUE/TIME
April 28 Thursday	Senior Citizens Month Proclamation Signing	Office of Governor Eddie B. Calvo; DSC/DPHSS; Merizo Mayor Ernest Chargualaf, and the Merizo Senior Citizens Center Participants	Merizo Senior Citizens Center 11:00 a.m 2:00 p.m.
May 6 Wednesday	Frail Elderly Mass	Catholic Social Service (CSS)	Adult Day Care, Barrigada Senior Center 10:30 a.m 2:00 p.m. 10:30 a.m. Mass,



			followed by the May Crowning and Reception
May 10 Tuesday	May Crowning	St. Dominic's Senior Care Home	St. Dominic's Senior Care Home 10:30 a.m 2:00 p.m. 10:30 a.m. Mass, followed by the May Crowning and Reception.
May 16 Monday	Legislative Reception	33 rd Guam Legislature	Hyatt Regency Hotel 11:00 a.m 2:00 p.m.
May 18 Wednesday	Centenarian Celebration	DSC/DPHSS and Health Services of the Pacific, Lions Club International – District 204 and Guam Facilities Foundation	Royal Orchid Hotel 9:00 a.m 1:00 p.m.
May 26 Thursday	Guam Conference on Aging	DSC/DPHSS	Pacific Star Hotel 8:00 a.m 9:30 a.m.: Check-in/ Pre-Conference Activity 9:30 a.m 2:30 p.m.: Conference
June 7 Tuesday	Huegon Manamko	DSC/DPHSS and SCM CPC Members	Nimitz Beach Agat 10:00 a.m 2:00 p.m.
June 11 Saturday	SCM Outreach and Health Fair Event	DSC/DPHSS and Lions Club International – District 204	Micronesia Mall 10:00 a.m 2:00 p.m.

GETTING THE WORD OUT

This year, DSC staff and members of the 2016 SCM CPC made an appearance on radio talk show KTKB 101.9 FM Megamixx to share information on the events for SCM 2016.

DSC also notes the participation of the Department of Parks and Recreation for waiving the permit fees associated with usage of the Nimitz Beach Park. Additionally, there was media coverage in the Guam Pacific Daily News (PDN), Guam Super Shopper, and KUAM. A traveling banner was also displayed at each SCM event and at various locations on island.

The following are the highlights of the celebration of Senior Citizens Month 2016:

HIGHLIGHT: PROCLAMATION SIGNING

The Honorable Lt. Governor Ray Tenorio signed Proclamation 2016-041 at the Merizo Senior Citizens Center on April 28, 2016, officially proclaiming the month of May 2016 as Senior



Citizens Month (SCM). For over 30 years, the month-long observance is celebrated with activities recognizing and honoring our *manamko*. The national theme for this year's SCM celebration "Blaze a Trail - Kayon Pasaderu" recognizes *I mañaina-ta* as trailblazers - advocating for themselves, their peers, and their communities and paving the way for future generations. The theme further emphasizes the ways senior citizens are reinventing themselves through new work and new passions, engaging their communities, and blazing a trail of positive impact on the lives of people of *all* ages.

The coordination of the proclamation signing was led by the DSC/DPHSS, in collaboration with the Office of the Governor and Mayor Ernest Chargualaf, Municipality of Merizo and the *seniors* from the Merizo Senior Citizens Center. For the past 11 years, to include this year's event, the proclamation signing for Senior Citizens' Month has taken place at one (1) of twelve (12) Senior Citizens Centers. The village center designated to host the proclamation event is selected in the order it became a Senior Citizens Center (i.e., Sinajana was the first Senior Citizens Center on Guam, thus in 2006, Proclamation Signing was held at the Sinajana Center; in 2007, the Proclamation Signing was held at the Mangilao Senior Citizens Center, etc.), as illustrated below in Table 1. Senior Citizens Month Proclamation Signing Ceremonies. As the Governor is invited to proclaim Senior Citizens Month at the designated village center, the Senior Citizens Center participants graciously host the Governor and other invited dignitaries and guests. The Agana Heights Senior Citizens Center remains the last one on the list to host the Proclamation Signing event in 2017; future planning on the horizon.

Table 1. Senior Citizens Month Proclamation Signing Ceremonies.

The state of the s					
No.	Senior Citizens Center	Date			
1.	Sinajana Senior Citizens Center	April 20, 2006			
2.	Mangilao Senior Citizens Center	April 19, 2007			
3.	Yigo Senior Citizens Center	April 23, 2008			
4.	Astumbo Senior Citizens Center	April 30, 2009			
5.	Dededo Senior Citizens Center	April 27, 2010			
6.	Tamuning Senior Citizens Center	April 27, 2011			
7.	Yona/Talofofo Senior Citizens Center	April 24, 2012			
8.	Inarajan Senior Citizens Center	April 26, 2013			
9.	Agat Senior Citizens Center	April 28, 2014			
10.	Santa Rita Senior Citizens Center	April 28, 2015			
11.	Merizo Senior Citizens Center	April 28, 2016			
12.	Agana Heights Senior Citizens Center	TBA			

This year's proclamation signing event was attended by approximately 130 individuals which included participants of the Merizo Senior Citizens Center; nine (9) members of the Senior Center Executive Council, the Mayors from the villages of Asan-Maina, Dededo, Inarajan, Santa Rita, and Tamuning and the Executive Director of the Mayor's Council of Guam; members of the Guam Council on Senior Citizens; members of the Aging Network (Catholic Social Service, Health Services of the Pacific and Kloppenburg Enterprises, Inc.), 10 members of the 2016 SCM Central Planning Committee; DPHSS Director Gillan, Deputy Director Casil, and all five (5)



Division Heads of DPHSS - (DGA: Tommy Taitague, DPH: Suzanne Kaneshiro, DEH: Masatomo "Tom" Nadeau, DPW: Maria Teresa "Tess" Arcangel, and DSC: Arthur U. San Agustin, and other DPHSS staff; and family and friends of the Merizo Senior Citizens Center participants. Also present were two (2) representatives from the U.S. Coast Guard.

The successful production of this year's 2016 Senior Citizens Month Proclamation Signing event is attributed to the great team effort by Division of Senior Citizens staff and to the following individuals, agencies, and organizations for their support and contributions:

- Lt. Governor Ray Tenorio for delivering his message on the importance and significance of the proclamation with him counter-signing the proclamation;
- Office of the Lt. Governor for finalizing the invitations and the program;
- Merizo Mayor Ernest Chargualaf for his remarks and leading his staff in creating a beautiful cultural display for the backdrop of the food with much assistance from Mr. Barcinas;
- Father Julius Akinyemi for delivering the opening prayer and for blessing the food;
- DPHSS Director James Gillan for delivering remarks on behalf of the DPHSS;
- Center President Jose San Nicolas for providing brief welcoming remarks;
- Merizo Senior Center participants for leading the National Anthem and Guam Hymn and for the beautiful music surprise;
- Guam Fire Department and the nurses from the DPHSS, Bureau of Family Health & Nursing Services for being available in case of an emergency; and
- Mr. Antonio Fegurgur, MCOG SCO Program Coordinator, who served as the emcee.

HIGHLIGHT: FRAIL ELDERLY MASS

The Frail Elderly Mass is an event hosted annually by Catholic Social Service (CSS). This year's event was held at the Adult Day Care Center program site located adjacent to the Catholic Social Service Administration building in Barrigada. The ceremony, held on May 4, began with the crowning of the Blessed Mother at 10:00 a.m., followed by the mass at 10:30 a.m. presided by Archbishop Anthony Apuron. After mass, refreshments and a light meal were served to those who participated in the service which was held in the CSS's main conference room. Present at the event were Adult Day Care and Inarajan Senior Center clients, members of the SCM CPC, staff and management of DSC/DPHSS and CSS, family, friends, and interested members of the community.

HIGHLIGHT: MAY CROWNING

The May Crowning event, hosted by St. Dominic's Senior Care Home was held on Tuesday, May 10 at the St. Dominic's Senior Care Home in Barrigada Heights. The event included a Catholic Mass and a presentation of floral bouquets to the Blessed Mother. Seniors representing the Mangilao and Sinajana Senior Citizens Centers and members of the SCM CPC participated in the event.

HIGHLIGHT: LEGISLATIVE RECEPTION

On May 16, 2016, the 33rd Guam Legislature hosted the annual Legislative Reception for our senior center participants at the Hyatt Regency Hotel from 11:00 a.m. to 2:00 p.m. The event featured raffle drawings, giveaways, dancing to the music of a live band, and a photo booth



where groups or individuals could have their photos taken to remember the event. It was a fun day for the seniors. Approximately 449 participated in the event, of which 347 were seniors from the various Senior Citizen Centers.

HIGHLIGHT: CENTENARIAN RECOGNITION CELEBRATION

The DSC/DPHSS in coordination with the Lions Club International - District 204 held the annual Centenarian Recognition Ceremony at the Royal Orchid Hotel on May 18, 2016 to recognize those seniors identified to turn 100 years of age or older in 2016. DSC staff, Program Coordinator (PC) Ms. Monica Untalan served as Chair, being the lead coordinator in the planning of this celebration, with assistance provided by DSC's PC Albert Silos. Additionally, DSC's PC Geraldine Gumataotao served as Mistress of Ceremony. There were approximately 150 attendees at this celebration.

The 2016 Centenarians recognized are:



Maura Rufo Robeniol

Age 102



Margaret Aube Wong Age 99



Josefina Yamanaka Blas

Age 101



Hae Im Yu Shim Age 99



Magdalena San Nicolas Bayani Age 100



Josefa Cruz Certeza Age 99



One Centenarian, Fidela Marcelo Garcia†, age 99, was recognized posthumously as she passed away on April 18, 2016, just six (6) days prior to her 100th birthday. Five of the six living centenarians attended the ceremony. All the Centenarians honored this year are women.



Dignitaries present were: Governor and Mrs. Eddie B. Calvo, Archbishop of Guam Anthony Sablan Apuron, Jon Calvo from the Office of Congresswoman Madeleine Z. Bordallo, Senators: Dennis G. Rodriguez, Jr., Rory J. Respicio, V. Anthony Ada, and Frank Blas, Jr.

The program began with Mistress of Ceremony Geraldine Gumataotao opening the event, followed by the welcoming remarks provided by the Senior Citizens Administrator, Arthur U. San Agustin, MHR. This year the committee was honored to have KUAM's very own Krystal Paco read the Centenarian's bio-data. It was very entertaining as she added spark to the bio-data being read for all to listen, reflect and enjoy. The event continued with the presentation of the Legislative Resolution, followed by the Congressional Presentation, DSC's Iconic Gift Presentation (sponsored by Cost-U-Less), and the Governor's Remarks and Certificate Presentation. This year the First Lady Christine Calvo presented floral leis to the Centenarians present and for the Garcia family, presented a silk flower arrangement. Flowers were donated this year by the Ngatpang Club of Guam.

The presentation of birthday gifts from sponsoring organizations as well as individual gifts from Senator Dennis G. Rodriguez, Jr., Pomika Sales and American Red Cross followed. This year's individual gift sponsors included:

- 1. Guam Latte Stone Lions Club who sponsored Ms. Maura Rufo Robeniol
- 2. Guam Sunshine Lions Club who sponsored Mrs. Josefina Yamanaka Blas
- 3. Iloiloi International and 2016 Central Planning Committee who sponsored Mrs. Magdalena San Nicolas Bayani
- 4. Senator V. Anthony Ada sponsored Mrs. Margaret Aube Wong
- 5. Senator Rory J. Respicio sponsored Mrs. Hae Im Yu Shim
- 6. Kloppenburg Enterprises, Inc. sponsored Mrs. Josefa Cruz Certeza
- 7. Senator Dennis G. Rodriguez sponsored Mrs. Fidela Marcelo Garcia (Posthumously)

In addition to the sponsored gifts, the celebratory cake was compliments of Crown Bakery and six (6) individual cakes from the Asahi Association of Guam were paraded into the reception area by representatives of Crown Bakery, the Asahi Association of Guam, Palau Community Association of Guam, Ngatpang Club of Guam and DSC staff; while the AmAnak Band performed the "Happy Birthday" song. After the candles were blown by each Centenarian on their individual cakes; the celebratory cake candle was blown by Centenarian Josefina Blas.



To end this joyous celebration, the Most Reverend Anthony Sablan Apuron, O.F.M. Cap., D.D., Archbishop of Agana bestowed his blessings upon the Centenarians. On display throughout the ceremony were large framed poster boards depicting the lives of each Centenarian, sponsored by



the Palau Community Association of Guam and the American Association of Retired Persons (AARP), Guam Chapter.

This year it was an honor to recognize two (2) Centenarians who are recognized as Masters of Chamorro Tradition. They are Mrs. Magdalena San Nicolas Bayani, Master Techa and Mrs. Josefa Cruz Certeza, Master Suruhåna.

This year's Centenarian Celebration event would not have been possible without the outpouring generosity, contribution and support from the following individuals and organizations:

Governor and Mrs. Eddie Baza Calvo • Archbishop Anthony Apuron • Ada's Mortuary • American Association of Retired Persons (AARP) • Asahi Association of Guam • Bank of Guam • Catholic Social Service • Cost-U-Less • Crown Bakery • Mr. Edward San Nicolas (Official Photographer, Senior Citizens Month 2016) • Guam Facilities Foundation, Inc. • Guam Fire Department • Guam Latte Stone Lions Club • Guam Sunshine Lions Club • Health Services of the Pacific • Iloilo International • Jones & Guerrero • Kloppenburg Enterprises, Inc. • Ms. Krystal Paco • Lions Club International - District 204 • National Office Supply • Ngatpang Club of Guam • Office of Congresswoman Madeleine Z. Bordallo • Palau Community Association of Guam • Pomika Sales • Royal Orchid Guam Hotel • Senator Dennis G. Rodriguez, Jr. • Senator Rory J. Respicio • Senator V. Anthony "Tony" Ada • Mr. Tommy Taitague • TriVision Media Group LLC.

HIGHLIGHT: 5TH ANNUAL GUAM CONFERENCE ON AGING (GCOA)

The 5th Annual Guam Conference on Aging was hosted by the DSC/DPHSS with support from the Guam Medicare Assistance Program and the Guam Senior Medicare Patrol Project along with the Senior Citizens Month Central Planning Committee. This year's conference was chaired by DSC staff, Eileen V. Escalera, and co-chaired by DSC staff, Joleen M.M. Almandres. The conference was held on Thursday, May 26, 2016 at the Pacific Star Resort & Spa with approximately 434 senior citizens in attendance. These seniors walked away with valuable information from guest presenters and from a host of exhibitors from both the private and public sectors.

Pre-Conference Activities

Pre-conference activities included participant check-in, two (2) short presentations: one on Palliative Care by Alexis Q. Silverio, Program Coordinator with DPHSS; the other on Driver Safety by Robert Cruz from the American Association of Retired Persons (AARP) - Guam Chapter, and Zumba by Ken San Agustin who added a local touch with his Zumba performance of





"Boonie Stomp". The Master of Ceremony was Alexis Q. Silverio who kept conference participants informed, alert and engaged in dialogue.

Conference Activities

The conference commenced with the singing of the National Anthem by Bernadita A. Frias, a Tamuning Senior Center participant, followed by the Guam Hymn, sung by Therese Chargualaf, a Recrational Leader from the Yona/Talofofo Senior Center. Senior Citizens Administrator, Arthur U. San Agustin, MHR, provided opening remarks which touched on the importance of this year's theme - "Blaze a Trail."

Traditionally, the conference theme emulates the national Older American's Month theme, which this year is "Blaze a Trail" and in Chamorro "Kayon Pasaderu." The U.S. Administration for Community Living (ACL) annually provides the theme and has encouraged this year's activities for the month to focus on raising awareness about important issues facing older adults through highlighting the way our senior citizens are advocating for themselves, their peers, and their communities which promotes new activities, inclusion, and the well-being of our manamko's on the island of Guam. Accordingly, the conference presenters were selected based on the ACL's theme.



The conference topics focused on leading adults to make a positive impact in the lives of others. The first conference presentation Dr. David provided participants a lively presentation entitled "Several Secrets to Staying Healthy While Growing Older." The secret she shared is to be smoke-free as becoming tobacco-free is probably the most important factor for survival to old age. Ms. Gumataotao and Ms. Porter presented

the No Wrong Door (NWD) system, a planning grant, to the conference participants opening with a role-playing skit as part of their presentation to illustrate the system that is fully coordinated and one that is somewhat coordinated.

During lunch, *Guam MAP and SMP Recognition* was presented by DSC's Joleen Almandres. Time was taken at the conference to recognize the volunteers and partners of DSC's Medicare-based programs as a way of honoring those dedicated individuals who have contributed their time and support to the program in an effort to provide Medicare information and assistance services to the island's beneficiaries, their families and caregivers.

Giveaways

Throughout the conference, questions that reflected healthy aging were being asked from the audience. Participants who partook in answering the questions won prizes donated by the Bank of Guam, Coast 360 and Coca Cola. Further, David Peredo from American Red Cross (ARC)



put together a trivia game for our participants. For every correct answer, a donation of different items from ARC was given to the winner.

Exhibitors

There were governmental, non-profit and private organizations who participated as exhibitors, sharing program and product information that would benefit and engage seniors to remain active and engaged in their communities which included:

Government of Guam Agencies:

- Department of Integrated Services for Individuals with Disabilities: Independent Living Services for Older Blind Program
- Department of Public Health and Social Services - Bureau of Community Health Services



- 3. Department of Public Health and Social Services Division of Senior Citizens Guam Senior Medicare Patrol Project; Guam Medicare Assistance Program, Bureau of Adult Protective Services, and No Wrong Door Project Staff
- 4. University of Guam: 4-H Youth Development Program: Preventive Health Guam Healthy Aging Program; Guam System for Assistive Technology (GSAT), CEDDARS; and SNAP Ed Program.
- 5. Office of the Governor Community Affairs

Military:

1. Department of Veteran Affairs

Non-Profit Organizations:

- 1. American Association of Retired Persons (AARP), Guam Chapter 4837
- 2. Catholic Social Service: Adult Day Care, Case Management, and In-Home Services
- 3. GovGuam Association of Retired Persons (GGARP)
- 4. Guam Legal Services Corporation Disability Law Center
- 5. Mountain Pacific Quality Health

Private Organizations:

- 1. Bank of Guam
- 2. Coast 360
- 3. Guam Facilities Foundation, Inc. (GFFI)
- 4. Guam Regional Medical City
- 5. Health Services of the Pacific
- 6. Guam Coalition Against Sexual Assault and Family Violence
- 7. Fisher and Associates Service Provider



The Division of Senior Citizens extends its sincere appreciation to the following groups, organizations and individuals for helping to make GCOA a success:

- Master of Ceremony: Alexis Silverio
- Presenters: Dr. Annette David, Geraldine Gumataotao, Ginger Porter, Rober Cruz
- Zumba Instructor: Ken San Agustin joined by the Sinajana Senior Center Participants

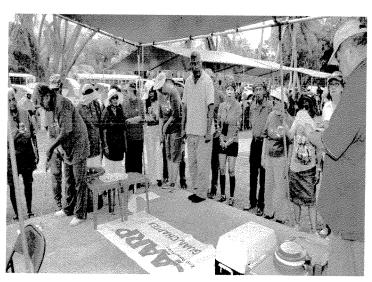
2016 Senior Citizens Month Central Planning Committee Members: Division of Senior Citizens/Department of Public Health and Social Services • Health Services of the Pacific • Bank of Guam • 33rd Guam Legislature • Office of Senator Dennis G. Rodriguez, Jr. • Catholic Social Service • Mayors Council of Guam (MCOG) • Merizo Mayors Office • Guam Fire Department • St. Dominic's Senior Care Home • Guam Regional Medical City • American Association of Retired Persons (AARP) • GovGuam Association of Retired Persons (GGARP) • Kloppenburg Enterprises, Inc. • Mr. Ed San Nicolas (2016 SCM Photographer) • Lions Club International - District 204 • DPHSS-Division of Public Health/Bureau of Family Health and Nursing Services • Lou Babauta, SMP/SHIP Volunteer, DSC/DPHSS • Staff of the Office of the Governor, Community Affairs • Bernadita Frias • Therese C. Chargualaf • Fawn Tuncap • Title III Senior Center Operations Program Staff.

HIGHLIGHT: HUEGON MANAMKO

This event promoted senior fitness and the spirit of teamwork and comradery among our senior citizens in attendance. This event was started years ago and revived again this year. This is a partnership between the Central Planning Committee Members and DSC/DPHSS to coordinate and sponsor games at this event for the 12 Senior Centers.

Each game sponsor provided game materials and prizes for the winners for their perspective game. The event took place at Nimitz Beach Park, Agat. All 12 Senior Centers were involved in the spirit of teamwork and comradery. Participating in these games promoted senior fitness from the dance moves to the quickness of being Frozen to the skill handed down generation after generation of Talaya Throwing. Approximately 377 seniors attended this event.







Special thanks to the following individuals or organizations for their contribution and support of this year's event:

• Honorable Ernest Chargualaf, Merizo Mayor • Honorable Carol Tayama, Agat Mayor • Agat Mayor's Office • Merizo Mayor's Office • Arthur San Agustin, Administrator of the Division of Senior Citizens • Geraldine Gumataotao, Mistress of Ceremony • Joey Charfaurus, singing the National Anthem and Guam Hymn • Guam Facilities Foundation, Inc. • Ms. Herbie Perez • Mr. Ken San Agustin, DJ and Zumba • Julie Villagomez, Mae Pellacani, Amparo Garcia and Vicente Angoco of GGARP • Lions Club International - District 204 • Robert Cruz, AARP • Mr. Tony Fegurgur and the Office of SCO • Senior Citizens Centers: Agat, Astumbo, Dededo, Agana Heights, Inarajan, Mangilao, Merizo, Santa Rita, Sinajana, Tamuning, Yigo, Yona/Talofofo • Catholic Social Service CMS • Guam Fire Department • Department of Parks and Recreation • Sunshine Lions Club • Guam Latte Stone Lions Club • Daniel Yang.

HIGHLIGHT: SCM OUTREACH AND HEALTH FAIR



The coordination of the 3rd Annual Senior Citizens Month Outreach & Health Fair 2016 was led by the Division of Senior Citizens, DPHSS, in collaboration with Mr. Art Navarro, 2nd Vice District Governor of the Guam Marianas Lion's Club District 204. The event was held on Saturday, June 11, 2016 from 10:00 am to 2:00 pm at the Micronesia Mall, Center Court with Ms. Herbie Perez as the Mistress of Ceremony.



The Outreach and Health Fair included exhibitors, health screening, and Zumba. There were governmental, non-profit and private organizations who participated as exhibitors, sharing program and product information that would benefit and engage seniors to remain active and promote healthy aging, as follows:

Government of Guam Agencies:

- 1. Office of the Governor, Community Affairs
- 2. Commission on Decolonization
- 3. Department of Public Health and Social Services Division of Senior Citizens (DSC)
- 4. Department of Public Health and Social Services Bureau of Community Health Services
- 5. Department of Labor Senior Community Service Employment Program (SCSEP)
- 6. Department of Public Health and Social Services Bureau of Nutrition Services
- 7. Guam Housing & Urban Renewal Authority

Non-Profit Organizations:

- 1. American Association of Retired Persons (AARP)
- 2. Catholic Social Service: Adult Day Care, Case Management and In-Home Services
- 3. Government of Guam Association of Retired Persons (GGARP)
- 4. Guam Diabetes Association
- 5. Guam Legal Services Corporation Disability Law Center (GLSC-DLC)
- 6. Lions Club International, District 204
- 7. Guam Latte Stone Lions Club

Private Organizations:

- 1. Health Services of the Pacific, National Family Caregiver Support Program
- 2. Guam Regional Medical City
- 3. Guam Facilities Foundation, Inc.
- 4. Mountain Pacific Quality Health

Military Agency:

1. Department of Veterans Affairs

Performer that provided entertainment during the event:

1. Zumba with Kevin Taitague

Health screening to include blood pressure, blood sugar testing, Body Mass Index and counseling were provided by Bureau of Family Health and Nursing Services, Department of Public Health and Social Services, Adult Day Care Nursing Assistants and the Guam Diabetes Association. A total of 150 participants were screened.

Door prizes were also received through the coordination of the Senior Citizens Month member, Kavita Hemlani Re', as follows:

- 1. Tony Roma's 5 x \$20.00 Gift Certificates
- 2. Capriciossa 5 x \$20.00 Gift Certificates



- 3. Sand Castle 1 Cocktail show for 2 people value \$158.00
- 4. 1 box of Umbrellas and Carabanks donated by Bank Guam

Special thanks to 101.9 Megamix and Shoppers Guide for promoting the event on their radio station and magazine; to Lions Club International - District 204 for their support to coordinate and publicize this year's Outreach and Health Fair and in providing technical support during the event; staff of DSC/DPHSS; Mr. Arthur U. San Agustin for his continued support of aging services and programs; Mr. Kevin Taitague for Zumba sessions; Ms. Herbie Perez who served as the event's emcee; Senator Dennis G. Rodriguez and Staff; event exhibitors and screeners; and Mr. Daniel Yang.

SENIOR CITIZENS MONTH 2015 EXPENDITURES

The following is a breakdown of the costs associated with hosting SCM 2016 paid for by the Division of Senior Citizens:

Description of Activity	Funding Source	Cost
Hotel Venue for Guam Conference on Aging Purchase Order No. P166A03449	DSC - State Agency funds	\$15,500.00
Conference Bags Purchase Order No.P166A03725	DSC - Guam Senior Medicare Patrol	\$3,804.00
Program Agenda Purchase Order No. P156A03290	DSC - State Agency funds	\$1,240.00
Name Badges and Certificate Holders Purchase Order No. P166A0598	DSC - State Agency funds	\$310.00
Total		\$20,854.00

CONCLUSION

The SCM activities would not have been made possible without the support and collaboration from government, private and non-profit organizations, home and health care organizations and businesses, and the Aging Network service providers and vendors. Each event involved a tremendous amount of planning and coordination to achieve success. It is noted that our networking capacity increased through collaborative networking of the Lions Club International - District 204 who garnered support from Core-Tech and Guam Facilities Foundation, Inc.

The DSC staff conducted a debriefing after the Proclamation Signing, Guam Conference on Aging, Centenarian Recognition Celebration, Huegon Manamko, and the SCM Outreach and Health Fair events and the CPC members held a SCM close-out meeting on June 29, 2016 to share their successes, challenges, and to make recommendations to improve their planning of their respective events for next year's celebration.

The DSC is fully committed to celebrating next year's SCM while continuing to be of service to *I Mañaina-ta, our Manamko* and ensuring they receive services they need and most assuredly deserve. The DSC looks forward to the continued collaboration with the Guam Legislature and



several key partners such as the Office of the Governor, Guam's Congressional Office, the MCOG; St. Dominic's Senior Care Home, Guam Fire Department, Lions Club International - District 204 Guam Chapter, American Association of Retired Persons (AARP) - Guam Chapter, GovGuam Association of Retired Persons (GGARP), Catholic Social Service, Health Services of the Pacific, and Kloppenburg Enterprises, Inc. and other aging network partners, as we look forward to celebrate Senior Citizens Month in 2017. *Biba I Mañaina-ta!*